It’s such an honor to share my story.

I married my high school sweetheart, Phil, in 1997. We had a beautiful beautiful baby girl in 2001.

When we married, we were both walking with the Lord. After our daughter was born, Phil decided God was a myth, and our marriage became very difficult. We visited many counselors with no success, and we were divorced by 2008. I was bitter until God began to heal my broken heart, and the way God enabled me to love my ex-husband was truly miraculous. Phil and I became friends again and spent time together with and without our daughter.

On Halloween 2013, Phil dressed up as a woman. Slowly, I pieced together memories—hints and clues that I hadn’t paid much attention to when they occurred. Shortly after Halloween, Phil and I talked about what was going on in his life. I realized God had reconciled us so I could intervene and show Phil that there is a better choice; unfortunately, he chose to pursue transitioning and asked me not to tell our daughter.

I kept his decision a secret for nearly a year. I hoped I could pray it away, and our daughter would never have to know. Phil finally let her know what he was doing. Our time together as a family became increasingly uncomfortable and is currently non-existent. I wanted my daughter to seek help from a therapist, but I was afraid she would be encouraged to embrace her dad’s new identity, or worse, to celebrate it. I prayed and prayed for help—the search seemed to take forever. Finally, I discovered books written by Denise Shick and published by Help 4 Families.

This journey has not been easy. We have experienced shock, doubt, fear, confusion, sadness, anger, and frustration. Yet I have no doubt that my ex-husband will return to God and renounce transgenderism. God is faithful and His word is true. I like to remind God, as it says in Philippians 1:6, that He began a good work in Phil, and He will be faithful to complete that work. I’ll leave you with one Scripture to consider: “For although we live in the flesh, we do not wage war according to the flesh, since the weapons of our warfare are not of the flesh but are powerful through God for the demolition of strongholds” (2 Corinthians 10:3–4 CSB).

God be with you!